

**Composition of Vita Gold:
Each Film Coated Tablet Contains:**

MACRONUTRIENTS

Ginseng Extract	50mg
Grape seed Extract	50mg
Citrus bioflavonoids	50mg
Garlic extract	25mg
Ginger Extract	25mg
Green tea Extract	50mg
Methyl cobalamin	500mcg
Alpha Lipoic Acid	25mg
Omega fatty acid	25mg
Iron(Carbonyl Iron)	50mg
Wheat Germ oil	25mg
Primrose oil	25mg
Calcium citrate	50mg

MULTIVITAMINS

Vitamin B1 (Thiamine)	10mg
Vitamin B2 (Riboflavin)	10mg
Vitamin B3	12.5mg
Vitamin B5	3mg
Vitamin B6 (pyridoxine)	3mg
Vitamin B9	2mg
Vitamin B12 (Cyanocobalamin)	15mcg
Folic Acid	1500mcg
Vitamin D3(Cholecalciferol)	250I.U.

ANTI-OXIDANTS

Vitamin A(natural Mixed carotenoids)	10mg
Vitamin C(Ascorbic Acid)	25mg
Vitamin E (Tocopherol)	25 I.U
Selenium	50mcg

ESSENTIAL AMINO ACIDS

L-Leucine	15mg
L-Isoleucine	5mg
L-phenylalanine	5mg
L-Valine	5mg
L-Tryptophan	5mg
L-Methionine	10mg
L-lysine	20mg
L-Glutamic acid	20mg
L- Arginine	10mg
Choline	10mg

ESSENTIAL MICRO NUTRIENTS

Chromium Picolinate	100mcg
Iodine	100mcg
Copper	150mcg
Biotin	50mcg
Boron	100mcg
Magnesium	2mg
Zinc	50mcg
Manganese	20mcg

Other ingredients;

Microcrystalline cellulose, Povidone, Sodium Starch Glycolate, Crospovidone, Magnesium Stearate, Stearic Acid, Silicon Dioxide, Talk & Dicalcium phosphate.

Dosage: 1 or 2 tablets Daily. As a Nutritional Supplement.

Storage: Store in a Cool, Dry, Dark and Hygienic place.

Best before 24months from date of manufacture.

**Mfg. in India by: ETHIX HEALTH CARE,
#82/33, kalka-Shilma Highway, Deonghat,
Sapruon, Solan, HP-173211.**

Advantages of Vita Gold:

- * Vita Gold is a comprehensive food supplement for overall good health.**
- * Contains balanced combination with 100% natural herbal ingredients, essential aminoacids, minerals and vitamins.**
- * Improves the vitality of the body.**
- * Rejuvenates and strengthens the body organs.**
- * Helps in countering fatigue.**
- * Anti-oxidants helps in strengthening the immune system.**
- * Helps enzymatic process in digestion.**
- * Promotes wound healing and arrests oxidative stress on healing tissues.**